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PHOTOS COURTESY NADIA ALBANO

Bridal Beauty

FROM NADIA ALBANO

NADIA ALBANO - CREATIVE MAKEUP DESIGN

It's important to determine your personal style when deciding on hair and makeup design for your wedding day. Are you classic, chic, casual or avant-garde? What is the overall style of your wedding? Is it a traditional full-service affair in an upscale hotel, a casual gathering in a backyard garden, or a tropical destination wedding? Also bear in mind the style of your wedding dress, the shape of your bouquet and the bridesmaids' dresses. Everything should be an extension of your personal style; it should flow and make sense. Here are some helpful tips for pulling your look together.

Makeup Tips

Keep your foundation natural and fresh. Even if you prefer a full-coverage foundation, the goal is to have supple, healthy-looking skin. Don't overdo it! Keep the lips and cheeks fresh and light. Pinky/peach tones are great and work for most complexions.

Bring attention to the eyes with a sultry, smoky look using tones of purple, grey and jewel colours. Make your eyes pop with a palette that contrasts eye colour. Soft metallic colours such as bronze, silver, pewter and gold accentuate the eyes without being too dramatic.

Neatly groomed eyebrows are a must, but over-tweezing is a no-no. Visit an esthetician or threading specialist to reshape your brows according to your eye and face shape. Remember, perfect brows will frame and enhance your eyes.

If you're opting for a more subtle look, keep the eyes minimal and bring attention to the lips by using bold shades of deep red, plum and wine. Not a lipstick wearer? Select a medium shade of sheer lipstick or gloss to brighten up your complexion.

Day-of Must-Haves:

Facial cleansing cloths are perfect for removing and re-applying lipstick throughout the day. Have lipstick and gloss handy to look your best for those close-ups. As the day goes by, a dusting of blush or bronzer will renew your healthy glow. Compact powder helps to reduce shine—use a tissue to blot excess oil prior to powdering and a hydrating or energizing facial mist is a great pick-me-up for the skin. To maintain your hairdo, use an aerosol hairspray rather than a wet spray which tends to leave hair looking stiff.

Nadia Albano has been in the beauty industry for over 13 years. She takes pleasure in making people look and feel their best, inspiring clients to see themselves in a new light. Specializing in bridal hair and makeup, Nadia is also a coordinator and instructor in the Makeup Artistry program at Vancouver Community College. Visit her at www.nadiaalbano.com, email nadia@nadiaalbano.com or call 604 291-0110.

Hair Trends

"OLD HOLLYWOOD GLAM"

- Finger waves or soft waves
- Big, full bodied, voluminous hair
- Low chignon, messy french twists
- Knotted loose up-do's
- Side-swept fringe & subtle face framing

Accessories

- Jewelled and pearl combs and hair bands
- Soft feathered hairpins and combs
- Delicate birdcage veils
- Single large silk flowers